My regression scores are as follows:

Linear train R2: 0.913821

Linear test R2: 0.883328

Both the training data and test data provides values reasonably close to 1, which a large proportion of the variations are described by the calculated model. However, it doesn’t necessarily indicate that the model has a good fit, something that can be further analyzed by displaying the data and the model in a simple plot or observing the residual plot. If the residual plot contains distinguishable patterns instead of random variations, it would generally be a sign of a bad fit.